

### Allergens

Dish	Gluten	Crustaceans	Molluscs	Fish	Peanuts	Lupin	Tree Nuts	Soya	Eggs	Milk	Celery	Mustard	Sesame	Sulphur Dioxide	Unknown Allergens
chocolate and peanut butter protein					Y		M Alm			Y			M		
Smoothie Blue Spirulina					M		M Alm Cas			Y			M		
Smoothie Super green					M		M Alm			Y			M		
Smoothie Strawberry and banana					M		M Alm			Y			M		
Smoothie The Tropic Mango and pineapple					M		M Alm			Y			M		
Milkshake cacao and banana					M		M Alm Cas			Y			M		
Smoothie Breakfast berry protien					M		Y Alm			Y			M		
shake vanilla matcha					M		Y Alm			Y			M		

\* Allergens marked with 'M' may contain that allergen.

 Yes     May Contain

	Allergen
Whe	Wheat
Rye	Rye
Bar	Barley
Oat	Oats
Alm	Almonds
Brz	Brazil Nuts
Cas	Cashews
Haz	Hazelnuts
Mac	Macadamia
Pec	Pecan
Pis	Pistachio
Wal	Walnuts